

The View from My Kayak

Written by Kim Gundler

Wednesday, 09 April 2014 07:21



Marine Worms

Occasionally on a kayak tour, the dolphins are feeding elsewhere, the eagles are perched just out of sight, and the blue crabs refuse to let themselves be caught in the cast-net. So when these super-stars of the salt marsh are nowhere to be found, I start to look for some of the supporting actors - our marine worms.

You've certainly seen them (or evidence of them). Little tubes sticking out of the sand; a miniature forest of bristling chimneys near the low tide line; a lumpy pile of sand low on the beach. What makes these interesting features? Our little tubular friends, the worms. Here is a guide to becoming a worm expert that you can use to impress your friends and family on your next trip to the beach or sandbar . . .

Feature: Little tubes sticking about an inch out of the sand.

Maker: Soda-straw worm, (*Kinbergonuphis jenneri*)

The little tubes are made of sand grains and worm spit, and are there to protect its burrow from filling up with sand as the tides rush past. This worm can reach the impressive length of 2 feet, but what it eats is still a mystery.

The View from My Kayak

Written by Kim Gundler

Wednesday, 09 April 2014 07:21

Feature: Bristly tube the size of your little finger sticking out of the sand.

Maker: Plumed worm, or Decorator worm (*Diopatra cuprea*).

This worm is not content with a plain tube - it gathers material from the water column and "decorates" its tube with collections of spartina grass bits, live oak leaves, and other material it finds floating by. This creates the "bristly" appearance, and acts as the substrate for a garden of sorts, where algae and single-celled plants and animals attach. The next time you see one of these bristly tubes, gently turn the end up towards you, you will see that under the crook-neck top, there is a fairly large opening. The decorator worm uses this orifice to harvest the residents of its garden at feeding time.

Feature: Lumpy pile of sand low on beach (looks like small mound of feces made of sand)

Maker: Lugworm (*Arenicola cristata*)

This worm's feeding strategy works kind of like a juicer - put everything in, nutrients are extracted and the undigestables are expelled from the other end. They actually eat the sand as they burrow through it horizontally, causing a small depression to occur where the head is; after the nutrients are separated out, the tell-tail pile of sand occurs at the other end of the tunnel. Yes, I know it's not dolphins jumping out of the water; but these small inhabitants of our marsh edges and beaches are probably doing a more important job in our marine ecosystem – by feeding near the bottom of the food chain, they are responsible for moving nutrients up the ladder to bigger organisms near the top. In other words; no worms, no dolphin. I don't think we'll ever be able to fill a "worm ecology" tour, but whenever we see them, I never miss the opportunity to talk about these lead performers of our waters.

Resources:

A Beachcomber's Guide to Georgia's Barrier Islands, by Taylor Schoettle (self-published 2011)

Seashore Animals of the Southeast, by Edward E. Ruppert and Richard S. Fox (University of South Carolina Press, 1988)

The View from My Kayak

Written by Kim Gundler

Wednesday, 09 April 2014 07:21

Kim Gundler is co-owner/operator of Beaufort Kayak Tours along with her husband David. They lead interpretive kayak tours on the waters of Beaufort County. www.beaufortkayaktours.com