

Fat Patties

Written by Mark Shaffer

Tuesday, 06 November 2012 16:48 - Last Updated Wednesday, 07 November 2012 09:02



Burger Beat represents an ongoing search for the Lowcountry's best local handmade burgers.

The Delicious Conundrum

Nick Borregine could have called his wildly popular Shell Point eatery Plan "B" Burgers. That's kind of how Fat Patties happened.

After years on the Beaufort waterfront, the chef/restaurateur sold his hugely successful Panini's Café to develop another concept. For reasons we won't go into here, that project didn't happen and – in a nutshell – Fat Patties was conceived. Borregine's original plan for his Shell Point property was to eventually convert it into a no-frills, walk up burger stand. Once the downtown project fell through though, Borregine knew he had to "ramp things up."

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Mark Shaffer is the author of the book 'Fat Patties' which is a collection of recipes for the best burgers in the world. The book is available on Amazon and is a huge best seller. It is not only a great book but also a great gift for anyone who loves burgers.

