

Comforting Fireside Supper

Written by Margaret Evans

Tuesday, 19 December 2017 13:58 - Last Updated Wednesday, 20 December 2017 06:24



Baby, it's cold outside! Winter has arrived in Beaufort, SC. When the temperatures drop, I hibernate. Cooking soups and sweet treats are fun on cold days. On cold nights, I don't want to do anything except try to stay warm in front of a roaring fire. The recipes this week are great make-ahead dishes and they're comfort food.

The Cauliflower and Kale Salad is an interesting combination of flavors and textures. Slice the cauliflower and tear the kale instead of chopping them. The light lemon dressing helps break down the rough edges of the kale. The cranberries give the salad a bit of sweetness and the toasted pecans give it an added crunch. The French Onion Beef Casserole is comfort food to the max. It's beefy and noodley and creamy with the punch of fried onions on the top. The Caramel Cream Cheese Frosting on a packaged chocolate cake mix is fabulous! I got the idea from tasting the filling in a wedding cake last summer. It's super-rich and the perfect end to a delicious tummy-warming supper.

Cauliflower and Kale Salad with Cranberries and Pecans

1 small head cauliflower

4 cups torn curly kale

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1/2 cup chopped green onions

1 cup dried cranberries

3 tablespoons extra-virgin olive oil

6 tablespoons lemon juice

Kosher salt and coarsely ground black pepper, to taste

1 cup chopped pecans, toasted

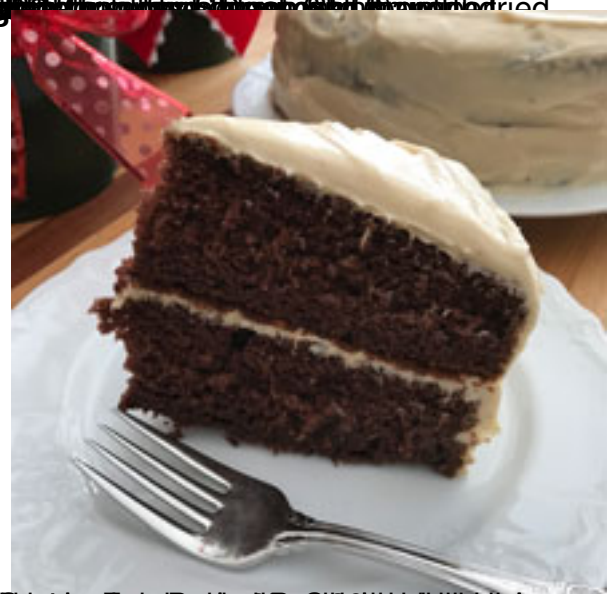
Cut the cauliflower into florets and then cut the florets into thin slices; place in a large bowl. Remove stems from the kale and tear into pieces; add to bowl. Add green onions and cranberries to bowl; toss to combine. In a small bowl, whisk together olive oil and lemon juice. Add the dressing to the salad and toss to combine; season with salt and pepper. Sprinkle with toasted pecans just before serving. Serves 6.

French Onion Beef Casserole

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