

New Year's Nosh and Nibbles

Written by Debbi Covington

Wednesday, 30 December 2015 07:32 - Last Updated Wednesday, 30 December 2015 09:00



Christmas may be over, but the New Year's bashes are just beginning. Pop open a bottle of champagne, invite some friends over and enjoy these easy and delicious party nibbles. Happy New Year!

Cream Cheese Sausage Balls

1 pound hot sausage, uncooked

1 (8-ounce) package cream cheese, softened

4 ounces shredded cheddar cheese

1¼ cups Bisquick

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Preheat oven to 375 degrees. Mix all ingredients in a large bowl until well combined. Roll dough into 1-inch balls and place on lightly greased baking sheet(s). Bake for 15-17 minutes or until browned. Serve hot. Makes about 60.



Beef Wontons

1 pound ground beef, uncooked

1 cup bean sprouts

1 (1.4-ounce) package (Lipton or Knorr) Vegetable Soup Mix

1 (10-ounce) package frozen chopped spinach, thawed and squeezed dry

1 tablespoon white wine

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½ teaspoon finely minced fresh ginger

Refrigerated wonton wrappers

Vegetable oil, for frying

In a medium bowl, combine ground beef, bean sprouts, soup mix, spinach, wine and ginger. Place 1 teaspoon of filling mixture on center of each wonton wrapper and fold over diagonally to seal. Heat oil in a deep and heavy pot to 375 degrees. Drop wontons in hot oil, a few at a time, and fry until golden brown. Drain on paper towels. Serve hot with sweet and sour sauce. Makes about 45.



Spinach Squares

4 tablespoons butter, melted

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3 eggs

1 cup all-purpose flour

1 heaping teaspoon baking powder

1 cup whole milk

1 scant tablespoon salt

White pepper, to taste

1 pound monterey jack cheese, grated

1 small onion, grated

2 (10-ounce) packages frozen chopped spinach, thawed and squeezed dry

Preheat oven to 350 degrees. Melt butter in the oven in a 9x13-inch backing dish. In a large bowl, beat the eggs and add the flour, baking powder, milk, salt and pepper. Mix well. Add the cheese, onion and spinach and mix well. Pour the mixture into the baking dish and bake for 35 minutes. Cool slightly. Cut into small squares and serve hot. Makes 24.

Blue Cheese and Walnut Crostini

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