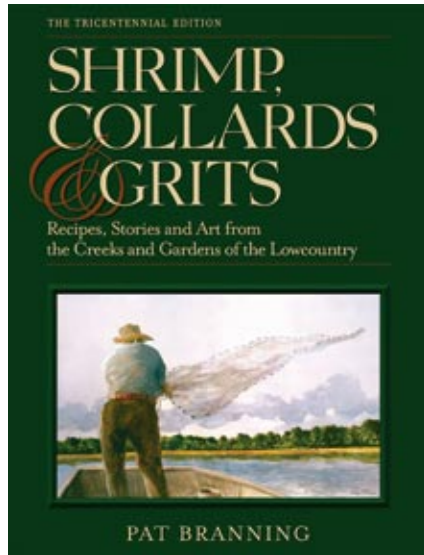


Shrimp, Collards & Grits

Written by Editor

Tuesday, 26 April 2011 11:52 - Last Updated Wednesday, 27 April 2011 10:32



New coffee table cookbook serves up the flavor of the South in stories, images and, of course, recipes.

“The South is a place where tea is sweet and accents are sweeter, macaroni and cheese is a vegetable, front porches are wide and words are long. Buttermilk pie is a staple. Y’all is a proper noun. Chicken is fried and biscuits come with cream gravy. ☐ Everything is darlin’ and someone’s heart is always being blessed.”

So begins Pat Branning’s charming new cookbook, *Shrimp, Collards & Grits - Recipes, Stories and Art from the Creeks and Gardens of the Lowcountry*.

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In addition to almost 200 Lowcountry recipes, this beautiful, full color coffee table book features 150 fine art paintings by such noted Southern artists as Ray Ellis, Nancy Ricker Rhett, John Carroll Doyle and Joe Bowler, among others.

The former Women's Editor for WSB, Atlanta and a hostess for SC ETV, Pat once hosted daily broadcasts on food and entertainment, teaming up with great chefs from around the country while developing a passion for anything Southern – especially cooking! She has lovingly compiled this collection of keepsakes from generations of Southern cooks, timeless recipes still being served today at oyster roasts, barbecues, ladies luncheons, teas and lavish dinner parties throughout the South Carolina Lowcountry, where Pat makes her home.

Today, Pat works as a freelance writer, cookbook author and food editor for the BeaufortTribune.com. Her website www.mycarolinacooking.com is a great source for recipes, art and stories about the Lowcountry. In March, she was a featured author at the annual [Charleston Food and Wine Festival](#).

What are people saying about *Shrimp, Collards and Grits*?

"A charming storyteller who combines the unmistakable Southern cadence of stories swapped across

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