

Dining Al Fresco

Written by Debbi Covington
Tuesday, 26 May 2020 09:19



Even though it sounds fancy, dining al fresco just means eating outside. And since we're becoming a bit more social while we're social distancing, eating on the deck has started to become part of our quarantined routine. Vince and I had two of our besties over for dinner last week for a Greek style picnic supper. The entree was Grilled Pork Souvlaki with Dilly Cucumber Sauce from my cookbook, *Celebrate Beaufort*. The side dishes were new creations and I'm sharing them all with you.

As summer begins to creep up on us, we still have a few more weeks of cooler evenings. Enjoy a delicious meal with friends on your deck or porch while watching the sunset. We're all such social creatures and we do truly need each other. I'm still praying for our lives to get back to the way they were before this wretched virus, which for me includes lots of large events. Until then, small meals with friends will be our new normal. Stay safe and healthy. This too shall pass. xox

Greek Briam

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Chickpeas are a staple in Mediterranean cuisine and are often used in a variety of ways. One of the most popular ways to serve them is in a salad, like the one shown here. Chickpeas are a great source of protein and fiber, and they are also a good source of iron and calcium. They are also a good source of B vitamins, which are important for energy and metabolism. Chickpeas are a versatile ingredient that can be used in a variety of ways, from salads to soups to dips. They are a great addition to any meal, and they are sure to be a hit with everyone. Chickpeas are a healthy and delicious ingredient that should be a staple in your kitchen. They are a great source of protein and fiber, and they are also a good source of iron and calcium. They are also a good source of B vitamins, which are important for energy and metabolism. Chickpeas are a versatile ingredient that can be used in a variety of ways, from salads to soups to dips. They are a great addition to any meal, and they are sure to be a hit with everyone. Chickpeas are a healthy and delicious ingredient that should be a staple in your kitchen.



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<https://www.youtube.com/watch?v=0Dn1tUgUmay> is a video that I found on YouTube that