

Happy Birthday, Judith Ann!

Written by Debbi Covington
Tuesday, 21 August 2018 12:26



Judy Payette is my sister from another mister. I'm



the bratty little sister that she never wanted and somehow got stuck with. Judy's mom, Marie Payette-Peatross-Andrews was my other mother. When I was the secretary at First Presbyterian Church, Marie helped me count the Sunday offering every Monday morning. For years. For years and years and years. Our working relationship developed into a loving friendship that lasted until Marie's passing in 2013. In the meantime, Marie's real daughter, Judy, was living and teaching school on an Air Force Base in England.

When Judy would come home to Beaufort during the summer and at Christmastime we'd all end up together at family dinners or parties, and after a while Judy and I became very good friends. Space and decorum prevent me from telling the tall tales of our many adventures. As Marie used to say, "That does not leave this room. That's family talk." Judith Ann (that's what her mama called her, so that's what I call her) celebrated her birthday last week. My birthday gift was a girls' brunch for six and a copy of *Celebrate Beaufort*. Our dining room table was graced with Judy's guest list and some of my favorite Beaufort ladies. Thank you for joining us, Judy Copeland, Grace Dennis, Gam Foster and Alice Moss. Again, space and decorum prevent me from repeating the tales that were shared around the table. Again, "family talk." (I do wish the conversation could have been recorded. I'd finally have the stories to write a best seller.) Brunch lasted from 11:30 am until 4:00 pm. Just sayin'. Special days and special friendships should be celebrated. It was really good day!

Happy Birthday, Judith Ann!

Written by Debbi Covington

Tuesday, 21 August 2018 12:26

The recipes this week are from our brunch. Cooking times for the egg puffs and the French toast are kind of iffy. It all depends on your oven, the size of the eggs and the thickness of the bread. Rule of thumb is that you want the centers to be set before serving. Just ply your guests with Bloody Marys and mimosas and they'll be happy to wait it out. Don't forget the coffee. Don't forget the Bailey's either. Just sayin'.

Southern-Style Sausage Balls



Sausage isn't as grease-laden as it used to be when I was growing up. True sausage balls should be moist and tender. That's why I like to add the cream cheese.

1 pound hot pork sausage

1 (8-ounce) package cream cheese, softened

1¼ cups baking mix (Bisquick or Jiffy)

4 ounces shredded sharp cheddar cheese

Happy Birthday, Judith Ann!

Written by Debbi Covington
Tuesday, 21 August 2018 12:26

Dash of crushed red pepper flakes, if desired

Preheat oven to 375 degrees. Mix all ingredients in a large bowl. Roll mixture into 1-inch balls. Place sausage balls on a baking sheet sprayed lightly with cooking spray. Bake for 15 to 18 minutes until golden brown. Makes 55-60.

Bacon and Veggie Egg Puffs



I used a jumbo muffin pan that makes six muffins. Reduce cooking time if you choose to use a twelve muffin pan.

6 tablespoons chopped red bell pepper

6 mushrooms, chopped

Happy Birthday, Judith Ann!

Written by Debbi Covington
Tuesday, 21 August 2018 12:26

1/3 small onion, chopped

1 cup broccoli, roughly chopped and lightly steamed

2 tablespoons cooked and crumbled bacon

4 ounces fontina cheese, shredded and divided

12 eggs, beaten

Salt and pepper, to taste

1 small tomato, chopped

Fresh basil leaves

Spray a 6 muffin cup jumbo muffin pan with Baker's Joy (cooking spray with flour). Place a tablespoon chopped red bell pepper in bottom of each cup. Add a chopped mushroom to each cup. Top with chopped onion. Divide broccoli evenly on top of peppers, mushrooms and onions. Sprinkle with bacon and fontina cheese. Reserve some cheese to garnish after cooking. Beat eggs and season with salt and pepper. Pour eggs evenly over vegetables, bacon and cheese. Bake in a preheated 350 degree oven for 35 to 45 minutes or until eggs are set in the center. Remove from oven and sprinkle with remaining fontina cheese. Let sit for 3 to 5 minutes before removing from pan. Garnish with chopped tomato and fresh basil. Serve hot. Serves 6.

Pecan Pie Cheesecake French Toast

Written by Debbi Covington
Tuesday, 21 August 2018 12:26

