

I Guess That's Why They Call It The Blues

Written by Debbi Covington

Tuesday, 06 September 2016 13:23



When I was growing up, my mother's go-to salad was a wedge of iceberg lettuce topped with a blob of chunky blue cheese dressing. She and Daddy scarfed it up like it was candy. I turned my nose up. What was the appeal of this stinky, gooey cheese stuff? Of course, I swore that I would never eat blue cheese.

And, once again I'm eating my words. I love blue cheese! I love blue cheese with so many things – on steaks, on salads, stuffed in mushrooms, melted over grilled vegetables, the options are endless. This week's recipes all feature blue cheese. You can choose your favorite variety. Personally, I like the stronger blues like gorgonzola. If you're not a huge fan, opt for a lighter Danish blue. I wish my parents were here to share in my change of heart. I still think it's a grownup acquired taste.

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Chopped Blue Cheese Salad (c) 1997 by Bally's Casino & Hotel, Las Vegas, NV
This salad is made with finely chopped blue cheese, lettuce, tomatoes, onions, and dressing.
It is served as a side dish.



~~The following information was obtained from the company's website:~~



1/4 cup (packed) fresh chives, finely chopped (about 1/4 cups) (cooked)

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[Debbi Covington](#) is a writer and editor who has been writing for over 15 years. She is currently working on a book about the blues. She is also a member of the Southern Writers Guild and the California Writers Club.