

## New Author Series Serves Up Food for Thought

Written by Editor

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Literary Luncheons set for February, March and April in Beaufort  
Saltus River Grill will host Bay Street Trading Company's new luncheon series, which begins February 5 with author Janice Shay, who will be discussing her most recent release, *Southern Classic Seafood*. The Lee Bros. and their book, *Simple Fresh Southern*, will be featured March 3 and Chef Charlotte Jenkins, author of *Gullah Cuisine: By Land and By Sea*, along with narrator William P. Baldwin and beloved Gullah painter Jonathan Green, will be featured April 7. Reservations may be made for \$50 per person for each luncheon by calling (843) 524-2000.  
Shay is a native of Savannah, Ga. and owns a book packaging company, Pinafore Press, where she develops and produces illustrated books, including cookbooks, art, garden and gift books, and children's books. *Southern Classic Seafood* is the most recent of her Southern cookbook releases. Matt and Ted Lee, or *The Lee Bros.* grew up in Charleston, SC, immersed in the flavorful traditions that have made southern food the most beloved of American cuisines. *Simple Fresh Southern* is the Lee Bros. first fully illustrated book, with full-color recipe photographs. Chef Jenkins grew up Gullah, learning to cook alongside family. She trained at Johnson & Wales University in Charleston, SC, and *Gullah Cuisine: By Land and By Sea* is a tale of connection, sharing a world the Gullah built. It features a narrative by critically acclaimed author William P. Baldwin, photographs by Pulitzer-prize-nominee Mic Smith and art by beloved Gullah painter Jonathan Green.  
Reservations include a three-course meal prepared by Saltus Chef de Cuisine Brian Waters, a 10 percent off certificate good toward the new book release and the opportunity to participate in question and answer sessions with the authors. Waters will be selecting recipes from each featured cookbook to create the luncheon meals, enabling guests to experience the cookbooks first-hand.  
With a view of the Intracoastal Waterway from its Sonoma-style patio or from the expansive full-service bar and dining room, Saltus River Grill offers the atmosphere of a chic Manhattan eatery with the historic charm found only in the South Carolina Lowcountry.